

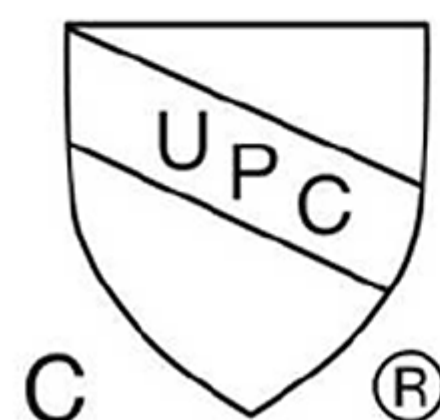


USER GUIDE

Chroma/Revive Models



Serene Steam is in compliance with the Uniform Plumbing Code IAPMO - IGC- 154-2019 Standard, including product certification.



PLEASE READ
PRODUCT DISCLAIMER ON BOTH PAGES
BEFORE USE



Serene Steam is not a medical device in any way, and it is not intended to diagnose, treat, cure or prevent diseases. If any physical, mental or other personal condition is present or persists, contact a doctor before use. We also recommend that you do not rely solely on the information presented in this manual and/or anywhere displayed by Serene Steam and that you always read disclaimers, warnings, and directions before using or purchasing a product.

Serene Steam is a heat producing appliance. Therefore, you should always consult your doctor or physician before using Serene Steam so you can be sure that you do not have any condition which may cause harm during use.

All sample images of use described in this manual are merely examples of what's possible with Serene Steam and should not be taken as any direction, nor instruction to do so. Serene Steam produces moist heat and hot water vapors, so any position you decide to place yourself within its environment should first be recommended and confirmed by a physician to make sure the features and sample uses of Serene Steam are not harmful to you in any way. If you are sitting on a shower bench during use, it is always recommended to stand up slowly during or after use due to hot vapor/steam exposure. Please be aware that the use of Essential Oils may also have an effect on one's reaction. Always position yourself in a comfortable distance from the system (not closer than approximately 12 inches) to experience the moist heat infused with Essential Oils.

DISCLAIMER CONTINUED



Elderly persons and/or those in poor health, or with a heart condition, high blood pressure or diabetes, must not use Serene Steam devices unless otherwise directed by your physician. Should you have any other condition which requires medication of any type, you must also check with your doctor before using Serene Steam. All bathers, or steam bath users should ask their doctor for the estimated time recommended for using a steam shower product. Never use Serene Steam while under the influence of alcohol, prescription medication, or any other drugs without checking with a doctor as this could be a serious hazard to your health.

Should you become dizzy, faint, or drowsy or experience any other uncomfortable feeling or sensation, immediately exit the steam shower.

Please be extra aware that the flooring or other surfaces in your Serene-Steam environment may become slippery and dangerous to use. Make sure that all floor materials are non-slip and that any additional equipment, such as shower mats, are certified non-slip. This includes any foot-ware that you may be wearing upon entering the Serene Steam shower.

Never make direct contact with the steam or hot water vapor coming out of the steam opening during use, as this could cause burns or physical harm. Make sure you are not allergic to Essential Oils in any way before use. Children under the age of 18 should not use Serene Steam, unless supervised by an adult.

By using Serene Steam, you indemnify Serene Steam, its affiliates or any associated entity from any lawsuit or action should any bodily harm result from the features offered or used by Serene Steam. The primary feature of Serene Steam is the production of moist heat, which can turn your shower enclosure into a convenient personal steam room and/or spa.

Colder Weather Months

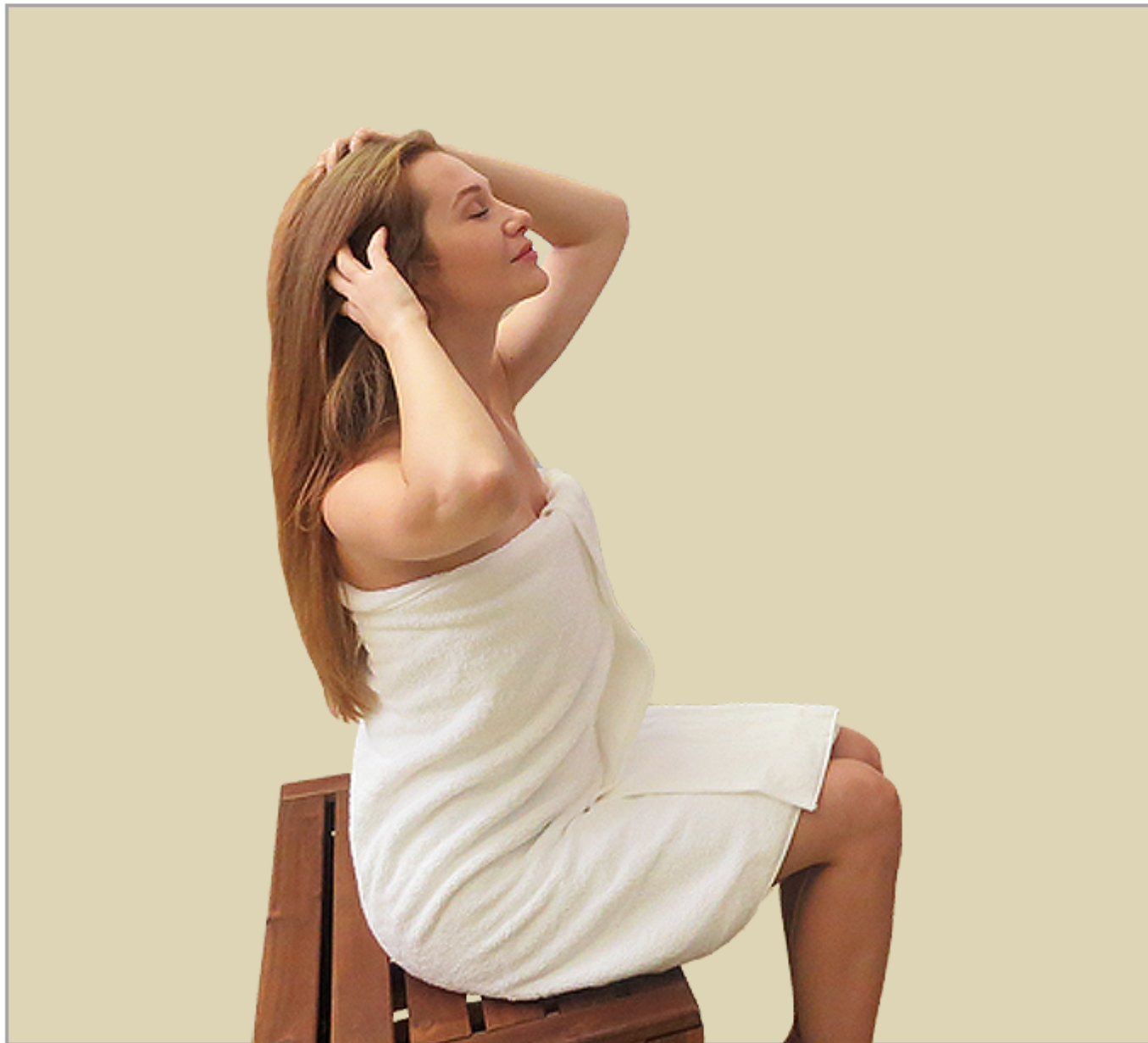


During **colder** weather months, it may be a good idea to heat up your shower environment first by taking a regular shower before using Serene Steam. Some shower enclosures may take longer to heat up due to cold weather or other material factors, this is normal with most steam shower systems

Warm Weather Months



During **warmer** weather months, close your air conditioning vents if the air is flowing in your bathroom *while using Serene Steam*. If your vents cannot close, simply switch off the air conditioning during use.



Spa Bench Placement

Even though you may have a built-in shower bench as part of your shower enclosure (great for relaxing), it is also recommended to use a quality spa bench for targeting certain areas of your body so that you can position yourself in the most suitable location during spa use.

Please become familiar with the product features before use



- ← Aromatherapy feature. Allows you to use essential oils which are infused with the steam/hot vapor as it occupies your shower enclosure during use.
- ← On - Off control valve. Opening and closing this valve controls the amount of steam/hot vapor flow.
- ← LED light system and timer, known as Chromatherapy. Used to create a soothing lighted atmosphere while relaxing in your steam spa, it also has a timer feature so you'll know when it's time to exit.
- ← Here is where the steam/hot vapor will flow.

Please note

The model displayed above is the Solar Flare Chroma. However, the primary features apply to both Chroma and Revive models except for the LED light which is only available on the Chroma.



- ← When the product is in use you will notice an amount of steam/hot vapor flowing from this opening as shown. The flow will feel similar to a fan blowing hot air and steam/hot vapor simultaneously. Please note that it is normal for mild water droplets to appear here during use.

HOW TO USE THE FEATURES

Aromatherapy

You may use your own blend of Essential Oils for use with Serene Steam.



We recommend using 100 % pure Essential Oils to achieve maximum therapeutic benefits.

Please read the following before use

Due to the method which the aromatherapy feature functions, it is required to use a bottle dropper/pipette to release an amount of essential oils into the Serene Steam spa system during use. Prior to using the aromatherapy mechanism, initially pour an amount of your essential oils into the empty bottle provided. Use the stainless steel mini funnel for pouring.

All Serene Steam systems include an empty essential oils bottle with a dropper/pipette but do not include essential oils.



Recommended Essential oils

Doterra & Paradise Springs

HOW TO USE THE FEATURES

Aromatherapy



Serene Steam’s aromatherapy feature can only be used with a bottle dropper/pipette (included).

Be sure to insert the dropper into the aromatherapy mechanism **as far as it will go so that the end of the dropper touches the back wall** as shown.

Once your dropper can’t be inserted any further, squeeze on the rubber section of the dropper which will release essential oils into the system. Repeat as desired during use.



Popular Essential Oils For Spa Use



Lavender
Benefit: Calming, relaxing



Eucalyptus
Benefit: Clarifying

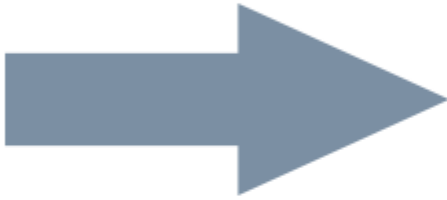


Peppermint
Benefit: Uplifting, invigorating

HOW TO USE THE FEATURES

LED light system

Use the included remote control
to control the LED lights



LED LIGHT MAIN FEATURES

- 1. There are several different modes which can affect the brightness or different colors available on the LED light.
- 2. Use the timer function to set the amount of time your light will stay on. This will be a guidance for the length of time you should stay inside the steam spa, and when it's time to exit.

USING THE LED LIGHT

LED light system



The remote control can be used for several different functions which control the LED light. We recommend all settings be activated **prior to entering your steam spa** so the remote does not come in direct contact with water inside your shower enclosure.

1. Press the red “on” button for **2 seconds** to activate the light.
2. Press the 0.5H button to activate the 30 minute timer. The LED will flash red indicating that the timer is active. **It is not recommended** to use the steam feature for the entire 30 minutes. However, we recommend your preparation for using your steam steam spa such as disrobing, perhaps showering before steam use, showering after steam use, and any other shower activity **which includes steam use** all within the 30 minutes. After 30 minutes has expired, the LED light switches off and it’s time to exit your shower enclosure.
3. Press one of the color buttons to choose your desired mood setting colors. Use the brightness button to increase the brightness of the light.

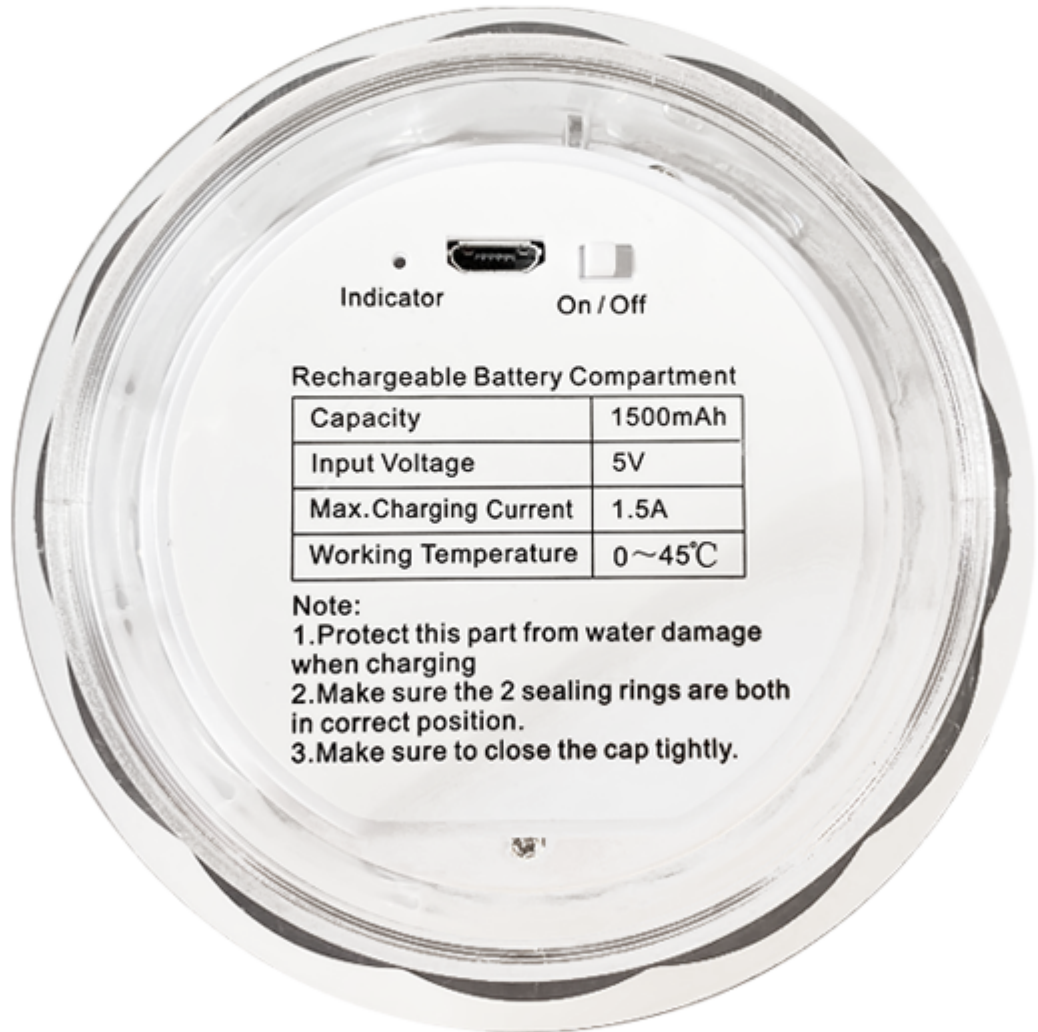
CHARGING THE LED LIGHT

LED light system



The LED light is removable from the housing of the system so that it's built-in Lithium battery can be charged for use. Each charge should provide approximately 10 hours of light use.

The LED light is charged similar to charging a mobile phone, and has an opening at the back which will allow the included USB cable connection to be attached for charging. (*Charging cable included, **not the charger***). You may use your mobile phone charger, or any USB charger.



Indicator On / Off

Rechargeable Battery Compartment

Capacity	1500mAh
Input Voltage	5V
Max. Charging Current	1.5A
Working Temperature	0~45°C

Note:
1. Protect this part from water damage when charging
2. Make sure the 2 sealing rings are both in correct position.
3. Make sure to close the cap tightly.

Do not charge with the LED light on

1. Turn the LED light anti-clockwise several times **to remove**.

2. Re-insert the LED light and turn it **clock-wise** to lock in place.

Gently tighten to ensure it's sealed.



USING YOUR NEW SPA SYSTEM

The model images displayed may differ slightly from your model. However, general functionality and product use are common with all models. Spa bench displayed, and general shower fixtures are not included.



Samples of use

All images, suggestions, and recommended product use in this manual are merely examples and demonstrations of what is possible with Serene Steam. While using it, you may experience your own personal, or different comfort zone than displayed.

Serene Steam may offer several relaxing benefits within its steam-filled, heated environment. Please understand the product’s multiple uses, bearing in mind that Serene Steam may also produce different results from the following examples shown.

You may feel **micro** droplets of water from the hot vapor during use in some positions. This is **normal**.

EXAMPLES OF SERENE STEAM USE (1)



Heat Things Up

Our model has placed her spa bench within 2 feet of the spa system, allowing the heat flow to focus on her mid/upper body. Using all system features, steam, essential oils, and LED lights for a sensory symphony.



Target Your Back

Our model has placed her spa bench in her preferred location from the system which targets her back for possible comfort and/or relief. She is relaxing, and enjoying the moist heat infused with essential oils focusing on her back.

Please note

The sample images displayed are examples of how to use, and enjoy Serene Steam. Find the optimal positions for your personal use as you may experience different results in your own shower enclosure from the examples displayed here.

EXAMPLES OF SERENE STEAM USE (2)



Essential Oils Healing

Place your spa bench within your own comfort zone so you can relax within a comfortable distance from the system. The closer you sit, the more heat you will feel.

Experiment with your favorite essential oils, breathe & relax.



Find Your Own Zone

Our model has placed her spa bench in a preferred location which may target any specific area of her body which she would like to focus the moist heat and essential oils on. Our model is targeting her shoulders and upper back.



Important note

Turning the steam control dial may appear slightly rigid during initial uses. This is normal.

PRODUCT MAINTENANCE



Please take care when using, and cleaning your Serene Steam Spa system. Gently polish the stainless steel using an included micro fiber cloth *before using your system for the first time*, and then regularly. **Never** use an abrasive cloth to clean your system.

We recommend **MILSEK stainless steel cleaner**. Cleaner is not included with your Serene Steam purchase but is available from numerous on line retailers.



Please follow cleaning instructions as directed by manufacturer



PRODUCT WARRANTY
AND SUPPORT

3
YEARS

There are no user serviceable parts on Serene Steam. Should you become aware of a change in product performance please contact your distributor and a Serene Steam technical support member will contact you.

GENERAL TROUBLESHOOTING

 Problem or issue	 Possible cause	 Possible remedy
Everything is connected but the system will not operate.	There is an overriding shut off valve inside, and at the top of the rough-in part.	Make sure that the shut off valve is in the open position when the system is correctly, and completely connected ready for use.
Steam/hot vapor flow does not seem to be flowing.	There may be a kink in your water flex line connecting the main system to the rough-in.	Gently remove the main system and check that the stainless steel flex water line is not bent, which will prevent flow.
There is steam but it does not feel hot enough.	Your water heater may not be set to the correct temperature.	Set heater to 140 degrees F for best results. During colder weather months, heat up your shower environment first by taking a regular shower prior to using Serene Steam.
I can't smell the essential oils during use.	You may be using a non-compatible essential oils dropper, or you are not using the supplied dropper correctly.	Only use the supplied essential oils dropper and follow detailed instructions as described earlier in this manual.
There is a excessive splashing coming out of the steam exit.	A small amount of splash is normal and will continue throughout use. The splash should be mild and almost unnoticeable after a short period during use.	Make sure that your household water pressure has an updated water regulator. Water regulators are required in every household and should be set correctly to Approximately 50 - 60 PSI.
I notice small droplets of water at the bottom of the flow exit.	The small amount of water droplets which may accumulate at the bottom of the flow exit is normal.	N / A



SereneSteam.com