

TABLE 1		
Description of the study		
Study design	Retrospective cohort study	
Study period	1990-2000	
Study location	United States	
Study population	Adults aged 18 years and older	
Study variables	Risk factors: Age, sex, race, education, income, smoking, alcohol, diet, physical activity, family history, and comorbidities. Outcomes: Incident hypertension, incident diabetes, incident cardiovascular disease, and incident mortality.	
Study limitations	Recall bias, missing data, and potential confounding factors not fully accounted for.	
Study strengths	Large sample size, long follow-up period, and comprehensive data collection.	

